

Unafraid: Living with Courage and Hope in Uncertain Times
Week 4: Apocalypse, Change, Missing Out, and Finances
Small Group Discussion Questions

Opening prayer: *God of every age, you know that the more things change, the more they stay the same. Help us to face our fears with faith, and to see in this moment the ways you are calling us to trust in you. We do not want to hold these worries; we want to be held in your hand. Amen.*

1. In this section of the reading, Adam Hamilton explores four types of fears: fear of the end of the world, fear of change, fear of missing out, and fear of financial ruin. Which of these do you think are most prevalent in our society today, and why?
2. Think about movies in the popular culture that feature an end-of-the world scenario (e.g. *Outbreak*, *Independence Day*, *The Walking Dead*, and *The Road*). Why is this kind of entertainment so appealing?
3. In Chapter 15, Adam Hamilton explains why he feels social media is an “anxiety producing machine.” What do you think about social media and how it produces anxiety in the wider culture?
4. Also, in Chapter 15, Hamilton offers two ways for addressing “Fear of Missing Out” (FOMO) with regard to social media. How realistic are his suggestions? Do you have other ideas?
5. In Chapter 16, Hamilton writes about ways to approach financial anxieties. In the closing section, titled “The Right Kind of Financial Fear,” he introduces five financial principles to help us move towards simpler, sustainable lifestyles. Which of these five principles are you currently using in your own life? Which would you like to be using?
6. In Scott’s sermon today, he explains the powerful vision in the Book of Revelation of God creating “a new heaven and a new earth,” and the “New Jerusalem” coming down from heaven. What are the elements of this vision? How might this vision change the ways we think about and talk about the future?
7. If someone you know expresses anxiety about the coronavirus pandemic, how will you respond to them as a Christian?